



March 30-April 3, 2020				
Monday March 30	Tuesday March 31	Wednesday April 1	Thursday April 2	Friday April 3
<a href="#">Mr. Willett Morning Stretches</a> (7:15-7:45)	Period 0 (7:00-7:55)	<a href="#">Mr. Willett Morning Stretches</a> (7:15-7:45)	<a href="#">Mr. Willett Morning Stretches</a> (7:15-7:45)	<a href="#">Mr. Willett Morning Stretches</a> (7:15-7:45)
Period 4 (7:55-9:15)	CM Morning Mass (8:30-9:00)	Counselor check-ins by Homerooms  Teacher Office Hours (Optional)	Period 5 (7:55-9:15)	Period 1 (7:55-9:15)
<a href="#">Exercise Stretch Break</a> (9:15-9:30)	<a href="#">Exercise Stretch Break</a> (9:15-9:30)		<a href="#">Exercise Stretch Break</a> (9:15-9:30)	<a href="#">Exercise Stretch Break</a> (9:15-9:30)
Period 3 (9:30-10:50)/ Period 3-TS* (11:30-12:50)	Period 6 (9:30-10:50)		Period 7 (9:30-10:50)	Period 2 (9:30-10:50)
<a href="#">PM-Act</a> Cooking w/ Mrs. Ortiz (11:00-12:00)	<a href="#">PM-Act</a> Home Workout w/ Coach Carson (11:00-12:00)		<a href="#">PM-Act</a> Home Workout w/ Coach Carson (11:00-12:00)	<a href="#">PM-Act</a> Stations of the Cross (11:00-12:00)
Teacher Office Hours (Optional-Afternoon)	Teacher Office Hours (Optional-Afternoon)	Teacher Office Hours (Optional-Afternoon)	Teacher Office Hours (Optional-Afternoon)	Teacher Office Hours (Optional-Afternoon)

Period 3-TS\* - is for those Tri-School classes that meet during 3rd period. To match up with NDB/Mercy, these classes will be held from 11:30-12:50pm instead of 9:30-10:50am.

Mr. Willett Morning Stretches and exercise stretch breaks are optional “active breaks” hosted by Mr. Willett. Please click on the link to join these breaks.

Activity Periods are different optional student activities hosted by Student Life.

- Monday, March 30 - Cooking with Mrs. Ortiz - Students voted and decided that we should make pasta alfredo and garlic bread. If you plan to cook, please have the following ingredients - [shopping list with pictures](#):
  - your favorite pasta (tortellini, rigatoni, ravioli, etc.) (12-16oz)
  - heavy whipping cream (1 pint)
  - shredded parmesan cheese (6oz/ 1 Container)
  - french or sourdough bread
  - Butter (2 sticks)
  - garlic (fresh or minced ok)
- Tuesday, March 31 - Coach Carson will lead students in an at home workout.
- Thursday, April 2 - Coach Carson will lead students in an at home workout.
- Friday, April 3 - Stations of the Cross with Father Michael.

[The schedule for the following week is on the next page.](#)

Next Week April 6-10, 2020				
Monday April 6	Tuesday April 7	Wednesday April 8	Thursday April 9	Friday April 10
Period 0 (7:00-7:55)	<a href="#">Mr. Willett Morning Stretches</a> (7:15-7:45)	<a href="#">Mr. Willett Morning Stretches</a> (7:15-7:45)	School Holiday Easter Break	School Holiday Easter Break  (Distance Learning resumes on Tuesday April 21.)
Period 5 (7:55-9:15)	Period 1 (7:55-9:15)	Period 4 (7:55-9:15)		
<a href="#">Exercise Stretch Break</a> (9:15-9:30)	<a href="#">Exercise Stretch Break</a> (9:15-9:30)	<a href="#">Exercise Stretch Break</a> (9:15-9:30)		
Period 6 (9:30-10:50)	Period 2 (9:30-10:50)	Period 7 (9:30-10:50)		
Lunch (10:50-11:30)	Lunch (10:50-11:30)	Lunch (10:50-11:30)		
<a href="#">PM-Act</a> (11:30-12:30)	Period 3/ Period 3-TS (11:30-12:50)	<a href="#">PM-Act</a> (11:30-12:30)		
Teacher Office Hours (Optional - Afternoon)	Teacher Office Hours (Optional - Afternoon)	Teacher Office Hours (Optional - Afternoon)		

Period 3-TS\* - is for those Tri-School classes that meet during 3rd period. This week, all Period 3 classes will meet at the same time.

Mr. Willett Morning Stretches and exercise stretch breaks are optional “active breaks” hosted by Mr. Willett. Please click on the link to join these breaks.

Activity Periods are different optional student activities hosted by Student Life. More information about these activities will be coming soon.

Easter Break is from Thursday April 9, 2020 to Monday April 20, 2020. Distance Learning will resume on Tuesday April 21, 2020 for all students.