

# SERRA HIGH SCHOOL CROSS COUNTRY RECORDS

**INDIVIDUALS WHO HAVE RUN THE CRYSTAL SPRINGS COURSE (2.95 MILES)  
UNDER 16 MINUTES---THE SUB 16 CLUB\***

RICK PINCOMBE	15:07	1975	(Senior Record)
STAN ROSS	15:11	1976	(Junior Record)
GERRY HARNETT	15:19	1974	
JOEY BERRIATUA	15:19	2012	
ROB WICKSTROM	15:22	1983	(Sophomore Record – 15:51)
KAREEM BARGHOUTI	15:30	2004	
KEVIN BLAKE	15:32	1975	(Freshman Record)
PHIL KILBRIDGE	15:32	1989	
ADAM PEREZ	15:32	1997	
DAN BOEHLE	15:34	1992	
MIKE RINALDI	15:37	1976	
JIM ROCHFORD	15:38	1976	
MATTHEW HERRERA	15:38	2015	
TOM WASHINGTON	15:40	1993	
PARKER KELLY	15:41	1986	
DOMINIC VOGL	15:42	2003	
MARK KEYSER	15:43	1987	
TOM JACOBS	15:45	1976	
MICHAEL DELAURENTI	15:45	2003	
MARK BONILLA	15:46	1974	
ADAM MANSELL	15:46	2015	
JORDAN WOODS	15:48	1997	
GARY MEYER	15:54	1974	
JONATHAN GARCIA	15:55	2015	
KEVIN GAITHER	15:57	1986	
NATHAN WOODSIDE	15:58	1995	
WILL NEWMAN-ROBINSON	15:59	1988	

\*Many of the runners listed above posted other sub-sixteen marks.  
Only the best time for each runner is listed.

## THE TOP TEAMS IN THE HISTORY OF SERRA'S CROSS COUNTRY PROGRAM

(All times recorded at the Crystal Springs venue)

### 1975 WCAL AND CCS CHAMPIONS

Rick Pincombe	15:07	
Stan Ross	15:22	
Kevin Blake	15:33	
Mike Rinaldi	15:41	
Jon Collopy	16:07	Total Time: 77:50
Bruce Darling	16:58	
Eugene Harnett	17:11	

### 1976 WCAL CHAMPIONS

Stan Ross	15:22	
Mike Rinaldi	15:37	
Jim Rochford	15:38	
Tom Jacobs	15:45	
Jon Collopy	16:08	Total Time: 78:30
Vince Canziani	16:54	
Scott Penner	17:09	

### 1974 WCAL CHAMPIONS

Gerry Harnett	15:33	
Rick Pincombe	15:45	
Mark Bonilla	15:46	
Gary Meyer	15:54	
Stan Ross	16:21	Total Time: 79:19
Bob Wandro	16:52	
John Visbal	17:02	

### 2004 CCS DIVISION 1 CHAMPIONS (CCS Championship meet held at Toro Park, Salinas. WCAL III meet times recorded at Crystal Springs on November 3, 2004)

Kareem Barghouti	15:30	
Robert Broderick	16:03	
Carlos Ramirez	16:04	
Michael Borg	16:23	
Steven Borg	16:33	Total Time: 80:33
Jason Chorpening	16:50	

## 2003 WCAL CO-CHAMPIONS

Dominic Vogl	15:43	
Mike Delaurenti	16:00	
Chris Furnari	16:06	
Kareem Barghouti	16:23	
<u>Carlos Rameriez</u>	<u>16:24</u>	<u>Total Time: 80:36</u>
Robert Broderick	16:34	
Stephen Sweeney	16:51	

## 1986 CCS 3<sup>rd</sup> PLACE

Parker Kelly	15:41	
Mark Keyser	16:08	
Dustin Donate	16:15	
Kevin Gaither	16:16	
<u>Greg Fontana</u>	<u>16:31</u>	<u>Total Time: 80:51</u>
Tim Spalding	17:27	
Mark Grenier	17:29	

## 2015 WCAL FINALS 4<sup>th</sup> PLACE

Matthew Herrera	15:38	
Adam Mansell	15:46	
Jonathan Garcia	15:55	
Ara Archbold	16:34	
<u>Rami Hijab</u>	<u>17:17</u>	<u>Total Time: 81:11</u>
Enrique Brenes	17:19	
Marc Blais	17:39	

## 1997 CCS DIVISION 2 CHAMPIONS

Adam Perez	15:35	
Jordan Woods	16:00	
Matt Pulichino	16:29	
Bobby Hansen	16:32	
<u>Kevin Gurtiza</u>	<u>16:44</u>	<u>Total Time: 81:20</u>
Tony Martinelli	17:35	
Ty Mancuso	18:07	

## 2005 CCS 2<sup>nd</sup> PLACE DIVISION I (STATE QUALIFIER)

Cole Jones	16.01	
Brian Humrich	16.21	
Mike Borg	16.28	
Steven Borg	16.33	
<u>Jason Chorpening</u>	<u>16.34</u>	<u>Total Time: 81:57</u>
JD Smiley	16.47	
Gino Leonio	17.26	

### 2007 CCS DIVISION 1-3<sup>rd</sup> PLACE

Oran Arms	16:03	
Dominic Chelini	16:18	
Spencer Mcleod	16:23	
Mitch Council	16:24	
<u>David Motamed</u>	<u>16:52</u>	Total Time: 82:00
Kevin Corley	16:53	
Andrew Gaddis	17:33	

### 2009 CCS DIVISION 1-4<sup>th</sup> PLACE

Carsten Stann	16:06	
Danny Colom	16:17	
Ford Milligan	16:22	
Brandon Norwood	16:30	
<u>Avery Turzanski</u>	<u>16:48</u>	Total Time: 82:03
Casey Schwenk	17:17	
Andrew Gaddis	18:40	

### 2001 CCS DIVISION 1 CHAMPIONS

Ron Exley	16:16	
Dominic Vogl	16:18	
Chris Furnari	16:26	
Mike Delaurenti	16:34	
<u>Scott Drexel</u>	<u>16:37</u>	Total Time: 82:11
Alex Aycinena	16:44	
Nick Cirigliano	16:54	

### 2002 CCS DIVISION 1 CHAMPIONS (CCS Championship meet held at Toro Park, Salinas. WCAL III meet times recorded at Crystal Springs on November 6, 2002)

Dominic Vogl	15:52	
Chris Furnari	16:27	
Mike Delaurenti	16:29	
Ron Exley	16:40	
<u>Alex Aycinena</u>	<u>16:44</u>	Total Time: 82:12
Kareem Barghouti	16:45	
Carlos Ramirez	16:45	

### 1996 CCS DIVISION 2 CHAMPIONS

Adam Perez	15:46	
Jordan Woods	16:22	
Jerome Madigan	16:36	
Brad Stapleton	16:46	
<u>Patrick Carey</u>	<u>16:56</u>	Total Time: 82:26
Ricardo Cano	17:35	
Ron DiMaggio	18:07	

1987 CCS 4<sup>th</sup> PLACE

Mark Keyser	15:54	
Kevin Gaither	16:06	
Phil Kilbridge	16:21	
Mike Grenier	16:58	
<u>Bill Heilman</u>	<u>17:25</u>	<u>Total Time: 82:44</u>
Sean Keily	17:41	
Mark Montgomery	20:12	

1993 CCS 2<sup>nd</sup> PLACE DIVISION I (FIRST TEAM TO QUALIFY TO STATE MEET)

Tom Washington	15:49	
Jean-Paul Tchamourlain	16:30	
Nathan Woodside	16:32	
Tom Abramo	17:21	
<u>Frank Abbott</u>	<u>17:40</u>	<u>Total Time: 83:52</u>
Shawn Camden	17:58	
Brenden Renault	18:20	

1995 CCS 2<sup>nd</sup> PLACE DIVISION I (STATE QUALIFIER)

Nathan Woodside	16:25	
Adam Perez	16:38	
JP Tchamourlain	16:41	
Jerome Madigan	17:08	
<u>Manual Berg</u>	<u>17:26</u>	<u>Total Time: 84:18</u>
Jordan Woods	17:55	
Ron DiMaggio	18:00	

1994 CCS 2<sup>nd</sup> PLACE DIVISION I (STATE QUALIFIER)

JP Tchamourlain	16:15	
Nathan Woodside	16:46	
Adam Perez	16:54	
Brad Stapleton	17:07	
<u>Jerome Madigan</u>	<u>17:18</u>	<u>Total Time: 84:20</u>
Tony Lorber	17:25	
Manual Berg	17:34	